

# Chindlers

## The Child Development Associate (CDA) Credential

**Program: CDA**

**Prerequisites: GED**

**Certifications Upon Completion: The Child Development Associate (CDA) Credential**

**Length of Course: 120 Hours / 106 lessons**

**PRICE: \$1600**

### **COURSE OBJECTIVE:**

The purpose of this course is to prepare individuals to obtain The Child Development Associate (CDA) Credential.

### **PROGRAM DESCRIPTION:**

The Child Development Associate (CDA) Credential™ is the most widely recognized credential in early childhood education (ECE). It is the best first step on the path of career advancement in early care and education. The distinctive CDA Credential is the only nationally recognized, portable, reciprocal, competency-based credential of its kind. This program includes books and certification testing.

### **INSTRUCTIONAL STRATEGIES:**

Our institution has developed its own e-learning platform ([www.tutoracademy.org](http://www.tutoracademy.org)) together with a combination of class lectures, hands on with a computer, one on one demonstrations, and in-house lab experiences applicants can accomplish certification.

### **PROGRAM LENGTH**

The following hours are recommended program lengths. It is understood, however, each student learns at his or her individual pace and there will be students who successfully complete the program in fewer or more hours that what is recommended.

## **METHOD OF EVALUATION**

Our onsite testing program through(Pearson Vue) will evaluate and certify each candidate, reports will be produce to assist candidates in becoming certified.

## **GRADING**

The following point totals correspond to the following grades:

<b>POINTS</b>	<b>GRADE</b>
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100-90	A
89-80	B
79-70	C
65-69	

D Below 65	F
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## **TEXTBOOK**

Browne, K.W., & Gordon, A.M. (2013). *Early childhood field experience: Learning to teach well* (2nd ed.). Upper Saddle River, NJ: Pearson Education, Inc.

- \* A 2nd Edition Essentials for Working with Young Children textbook
- A 2nd Edition Essentials Workbook
- A Family Child Care CDA Competency Standards book

TOPIC	ACTIVITY	PERCENTAGE
Lesson 1:	Quiz	10%
Lesson 2:	Quiz	10%
Lesson 3:	Quiz	10%
Lesson 4:	Quiz	10%
Lesson 5:	Quiz	10%
Lesson 6:	Quiz	10%

TOPIC	ACTIVITY	PERCENTAGE
Lesson 7:	Quiz	10%
Lesson 8:	Quiz	20%
CDA Practice Certification Exam	MC Quiz	0%

## CDA Subject Area 1

### Planning a safe, healthy learning environment (19 courses/22.5 hours)

SUBJECT AREA 1	
Title	Hours
<b>SAFETY BASICS</b>	
Responding to Medical Emergencies	1
Emergency Preparedness: Better Safe Than Sorry!	1
Water Safety: Preventing Injury and Illness	1
Essentials of Indoor Safety	2
Essentials of Outdoor Safety	2
Bloodborne Pathogens	1
<b>HEALTHY PRACTICES</b>	
Hand Washing: Clean Hands = Better Health!	1
Infectious Disease Control: Kick Germs to the Curb!	1
Sudden Infant Death Syndrome (SIDS) – Reducing the Risk	1
<b>FOOD &amp; NUTRITION</b>	
Healthy Meal Planning	1
MyPlate: Helping Children Make Healthy Food Choices	1
Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting	1
Keeping It Safe: Preventing Food-borne Illnesses in Child Care Settings	1
<b>LEARNING ENVIRONMENT PLANNING</b>	
The Basics of Appropriate Learning Environments	1
Learning Centers that Inspire	1
Designing An Outdoor Classroom	1
Environments That Support Children with Challenging Behaviors	1
Aim High: Creating, Instructing and Implementing Classroom Expectations	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 1	2.5
19 Courses	22.5 Hours

## CDA Subject Area 2

Steps to advance children's physical and intellectual development (17 courses/18.5 hours)

SUBJECT AREA 2	
Title	Hours
<b>COGNITIVE DEVELOPMENT</b>	
Great Ways to Promote Cognitive Development in Infants	1
Great Ways to Promote Cognitive Development in Toddlers	1
Great Ways to Promote Cognitive Development in Preschoolers	1
<b>MOTOR SKILLS &amp; ACTIVITIES</b>	
Fine Motor Activities for Infants	1
Gross Motor Activities for Infants	1
Fine Motor Activities for Toddlers	1
Gross Motor Activities for Toddlers	1
Fine Motor Activities for Preschoolers	1
Gross Motor Activities for Preschoolers	1
<b>CENTERS &amp; SUBJECT AREAS</b>	
Block Play as a Creative Learning Strategy	1
Hands-on Excitement: Manipulatives for Teaching Young Children Math	1
Ignite Their Minds: Making Math an Integral Part of Your Teaching	1
Music and Movement: Enhancing Your Curriculum!	1
Reading to Young Children	1
Science for Young Children	1
Social Studies for Young Children	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 2	2.5
17 Courses	18.5 Hours

### CDA Subject Area 3

Positive ways to support children's social and emotional development (12 courses/13 hours)

SUBJECT AREA 3	
Title	Hours
<b>SOCIAL &amp; EMOTIONAL DEVELOPMENT – THE BASICS</b>	
Social and Emotional Development of Infants	1
Activities That Promote Social and Emotional Development in Infants	1
Social and Emotional Development of Toddlers	1
Activities That Promote Social and Emotional Development in Toddlers	1
Social and Emotional Development of Preschoolers	1
Activities That Promote Social and Emotional Development in Preschoolers	1
<b>CLASSROOM STRATEGIES</b>	
Purposeful Play	1
Build Them Up: Creating A Classroom That Promotes Self-Esteem in Young Children	1
<b>DEALING WITH DIFFICULT ISSUES</b>	
Helping Children Cope With Divorce	1
Coping With Separation Anxiety	1
Helping Children Cope With Death	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 3	2
12 Courses	13 Hours

## CDA Subject Area 4

Strategies to establish productive relationships with families (9 courses/11 hours)

SUBJECT AREA 4	
Title	Hours
<b>COMMUNICATIONS</b>	
The Art of Communication Part 1: Listening to Children	1
The Art of Communication Part II: Communicating with Families	1
Parent/Teacher Conferences	1
<b>PARENT INVOLVEMENT</b>	
Guidelines for Parent Volunteers	1
Appreciating & Celebrating Diversity	2
Getting Families Engaged!	1
<b>ASSISTING FAMILIES</b>	
Helping Families Access Resources	1
Caring for a Child With Disabilities: Helping Families Cope	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 4	2
9 Courses	11 Hours

## CDA Subject Area 5

Strategies to manage an effective program operation (10 courses/11 hours)

SUBJECT AREA 5	
Title	Hours
<b>CLASSROOM MANAGEMENT</b>	
Curriculum: The Foundation of a Strong Educational Program	1
Lesson Planning for Young Children	1
The Daily Schedule	1
The Art of Transitions	1
<b>BUSINESS &amp; PERSONNEL OPERATIONS</b>	
Business Practices for Early Childhood Education Settings	1
Record Keeping: Forms For Staff and Children	1
Conflict Resolution in the Early Care and Education Workplace	1
<b>QUALITY</b>	
Advocating for Quality: An Overview of Quality Initiatives	1
Early Care and Education Resources	1
<b>REVIEW COURSE</b>	
Review Course for Subject Area 5	2
10 Courses	11 Hours



## CDA Subject Area 6

### Maintaining a commitment to professionalism (13 courses/15 hours)

SUBJECT AREA 6	
Title	Hours
<b>ETHICAL CONDUCT</b>	
NAEYC Code of Ethical Conduct Part I: An Overview	1
NAEYC Code of Ethical Conduct Part II: Understanding Your Responsibilities	1
NAEYC Code of Ethical Conduct Part III: Using the Code to Solve Ethical Dilemmas	1
Confidentiality	1
<b>LEADERSHIP &amp; ADVOCACY</b>	
Professionalism in Early Care and Education	1
Advocating for Children, Parents and Staff in Early Care and Education	1
Leadership: Recognizing the Leader in You	1
<b>PROFESSIONAL DEVELOPMENT</b>	
Your Journey to the CDA Credential: Let's Get Started!	1
The Importance of Professional Development: The Educational Ladder	2
Creating a Dynamite Professional Portfolio!	1
Seeking Employment in Early Care and Education	1
Dealing with Personal Stress	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 6	2
13 Courses	15 Hrs

## CDA Subject Area 7

### Observing and recording children's behavior (13 courses/15 hours)

SUBJECT AREA 7	
Title	Hours
<b>UNDERSTANDING AND GUIDING BEHAVIOR</b>	
Beginning Teacher Roles & Responsibilities	1
Helping Young Children Understand and Develop Rules	1
<b>OBSERVATION AND ASSESSMENT</b>	
Observation and Assessment: Documenting Children's Progress	1
Assessment Tools	1
<b>BEHAVIOR MANAGEMENT</b>	
Principles of Behavior Management I: What do we know?	1
Principles of Behavior Management II: What Can We Do? Ten Big Ideas!	1
Creating Positive Outcomes from Problematic Behaviors	1
Taking the Bite Out of Toddler Biting	1
Taming Toddler Temper Tantrums	1
<b>UNDERSTANDING INCLUSION &amp; SPECIAL NEEDS</b>	
Understanding Inclusion in Early Childhood Settings	1
Special Needs in the Early Childhood Classroom	1
<b>MANDATED REPORTING</b>	
Recognizing and Reporting Suspected Child Abuse	2
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 7	2
13 Courses	15 Hours

## CDA Subject Area 8

### Principles of child development and learning (13 courses/14 hours)

SUBJECT AREA 8	
Title	Hours
<b>BRAIN DEVELOPMENT</b>	
The Brain and Early Childhood: Old Myths and New Knowledge	1
Brain Power! Cognitive Development in Infants	1
Brain Power! Cognitive Development in Toddlers	1
Brain Power! Cognitive Development in Preschoolers	1
<b>CHILD DEVELOPMENT THEORY</b>	
Understanding Child Development: Erikson's Stages of Emotional Development	1
Understanding Child Development: Maslow's Theory of Human Needs	1
Understanding Child Development: Attachment Theory	1
<b>PHYSICAL DEVELOPMENT</b>	
Physical Development in Infants	1
Physical Development in Toddlers	1
Physical Development in Preschoolers	1
<b>LANGUAGE</b>	
Learning Language: Birth to 36 Months	1
Learning Language: Ages Three to Five	1
<b>REVIEW COURSE</b>	
Review Course for Subject Area 8	2
13 Courses	14 Hours